

GLAMOUR MAY 2012

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Lauren Conrad
On How She Beat Her Body Hang-Ups

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Summer

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The Very Colorful Jessie J

And we're not just talking about the singer's bright makeup here. Girl's got a lot to say about her hair (look, no wig!), her sisters, and her love life. Listen in.

Photographs by Simon Emmett

It's hard to believe that a mere couple of years ago, the world hadn't yet heard of Jessie J. The 24-year-old British singer-songwriter (born Jessica Cornish—the *J* is just for fun) released her debut album, *Who You Are*, in 2011, but chart toppers like "Domino" and "Price Tag" quickly made her hummable. She famously toughed out the Video Music Awards with a broken foot, has hit TV as a judge on *The Voice UK*, and has a new album due this summer. Here, the round-the-clock-busy singer models our favorite juicy summer makeup and tells us about who's behind that pretty face. *Continued on page 288* ▶



A Brief History of Her Hair

She changes it like other women change their nail polish!



May 2011
This black pony is superchic.

June 2011
Bang-free at an event for UK Glamour

August 2011
The black bob: classic

September 2011
This look is out of this world!

November 2011
Matching hair and lips (nails too!)

December 2011
The colorful ends are so, so cool.

February 2012
High volume at the Brit Awards

GLAMOUR: You must have a great time being creative with your look. Is it fun to get ready for big events?

JESSIE J: The *outcome* is fun. The process isn't always as fun, depending if my eyelashes want to stick or not. I love looking completely different and that my fans won't always know what I'm going to do.

GLAMOUR: You wear a lot of wigs, right?

JJ: It's so tough to explain to people. When you have half an hour to be ready at four o'clock in the morning, you don't have time to get up and glue in extensions or blow-dry your hair. A hairdresser who did my hair said, "You, my darling, have something that we call 'successful' hair," which is basically battered hair that's split and falling out in the back because you've had to blow-dry it every day. I don't want my hair falling out, so I wear wigs!

GLAMOUR: How do you stay healthy?

JJ: I never complain that I'm tired, because I know as soon as I get a good nine hours' sleep, I'm cool. That's not ever that far away. With regard to eating, this year I want to gain weight, so I'm trying to eat as often and as much as I can. Last year there were days where my team and I would be so busy, we wouldn't be able to have a decent meal.

GLAMOUR: You suffered a stroke at 18. Does that affect the way you take care of yourself today?

JJ: My health isn't as bad as people think. I have an irregular heartbeat sometimes when I'm tired; things that may not bother other people affect me. It's a stress thing. I try not to let things get to me as much as I did when I was younger. Last night, after the Brit Awards, was literally the first time I've ever been out when I have work the next day. You need to choose when you have your celebration and make it special instead of going out every night and exhausting yourself.

GLAMOUR: So you're not much of a party animal, huh?

JJ: I'm not really the party person. I don't "become myself" once I'm drunk. I don't use alcohol to be happy. I'm young, and having one drink is [enough]. My [calendar] is just unreal at the moment. I don't have time to be tired!

GLAMOUR: Were you this confident as a kid, or was there a turning point?

JJ: You know what it is? I have such an amazing mom and dad who have been married for 32 years, and my sisters always made me feel like I was amazing. No one ever tried to suppress who I wanted to be. I never got embarrassed. Even last night, at the after-party, me and my dad were up dancing when no one else was. I think the best way to have confidence is not to allow everyone else's insecurities to be your own.

GLAMOUR: How did you get into music?

JJ: I wasn't always someone who was talented. It was more that I was loud and loved a challenge. From a young age I knew I wanted to be something in the world. When I was 13, I sat with my mom and dad and went, "I think I want to do this properly. What can I do?" I went to the Brit School to do musical theater or be a musician. Then I started writing songs, and everything changed for me. I wanted to tell the world what I think and feel.

GLAMOUR: You've been very open about your sexuality.

JJ: For me, I want it to be less about sexuality and more about being comfortable in who you fall in love with. If I meet someone and I like them, I don't care if they're a boy or a girl. You should never, ever apologize for anything that makes you happy. My mom and dad were always so cool about it; they were just like, "You're not harming anyone. Enjoy your life."

GLAMOUR: How do you feel about being labeled as bisexual?

JJ: The frustrating thing is that if I was with a guy right now, I'd be [considered] straight. But if I was with a girl, I'd be "gay." When I was with my ex-girlfriend, I used to take her around and say, "This is my girlfriend." People would be comfortable with it because *I* was. That's what annoys me about the media. I've never tried to make [my sexuality] something that's going to put me in newspapers or magazines. I'm never, ever going to let it be something that sells my music. Sexuality shouldn't define you. It should be part of who you are. At the moment I'm single, and I'm happy and learning about myself. Music is the love of my life right now. —Lauren Brown