

SHE WAS AN OUTSIDER IN SCHOOL.

"I was very lost and very lonely in high school," Anne says. "I wasn't a presence. I had a group of friends, and we got along-but I wanted different things than they did. I didn't drink because I disagreed with it at that point in my life. People didn't understand that, and they made fun of me for it. They were always putting a beer can up to my lips and being like, 'Come on, you know you want to.' And I was like, 'No, I really don't. That's not what I want my life to be about right now.' My advice is just to trust your own instincts and don't apologize for them, because they're yours and they come from a good place. If the people around you don't get that, it's their loss. College was a good place to grow because there was a lot of freedom for self-expression in a way that I'd never experienced before. At Vassar, I was with kids who thought the way I did. They questioned things more and looked for alternatives to what was con-

SHE SURVIVED GETTING DUMPED.

sidered the norm."

"I was always told that your life begins after you've had your first heartbreak. I don't necessarily agree with that, but it definitely was a life-changing experience for me. He wasn't even a boyfriend; he was just somebody I was seeing. But I woke up one day and was like, 'Oh my God, I'm in love with this person.' It got very serious very fast-and it ended very quickly. He ended it, and we both agreed to stay friends. But then he stopped returning my calls. I was devastated. It took me a long time to recover from it. But the process of having to rebuild myself made me look and realize that in my mind, I had hit rock bottom. Which of course wasn't true. But I managed to rebuild my entire foundation and get a really solid one. I realize now that who I was when we were together is nowhere near as impressive and as fun and as whole as who I am now after all of it. If he was to meet me now, he wouldn't know me. I don't even know that girl anymore."

SHE TELLS GUYS UPFRONT, "WHAT YOU SEE IS WHAT YOU GET."

"Don't be Cameron Diaz if you're not Cameron Diaz. Cameron Diaz seems amazing—she's funny, she's sexy, and she's one of those girls who can burp and fart and still look cute. I'm not one of them, and I'm pretty sure that most girls aren't. So don't try to be her. Just be yourself. If a guy you like isn't into you, it has nothing to do with you or him. It's just that it's not supposed to happen for you two."

SHE HAS A HEALTHY BODY IMAGE.

"I don't work out to be skinny, because that is no way to keep yourself motivated. That's ultimately going to be so detrimental. If you believe that you have to be thin, then you're kind of saying to yourself, 'Well, I'm not thin enough,' which is actually just really undervaluing yourself.

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All you can do is step back and say, 'I'm not going to play that game. I'm going to accept myself and be healthy.' That's what I had to do—particularly in Hollywood. I'm really lucky, because in the past few years, there have been a lot of women who have cleared the way to make it acceptable for girls like me girls who are by no means even big or fat or anything but who just have a bit of shape to them."

SHE HAS A "CRUSH" ON BEYONCÉ KNOWLES.

"She is so hot! Thank God for her, because I think everybody was starting to forget what star power really means. Everybody else can front like they have 'it'—but Beyoncé's got it! She'll be around forever, because she has not lost herself at any point. In this industry, I've been disappointed

by a lot of people I've heard about, but everyone across the board has something nice to say about Beyoncé!"

SHE'S A DO-GOODER AT HEART.

"I was raised Roman Catholic, and when I was 13, I got confirmed. I thought, Oh my God, I feel very connected to this experience. I thought that I might want to become a nun. I'd just read an article about how Mother Teresa had devoted her life to helping people, and at the time I could very much see myself doing that for the rest of my life. I still can sometimes. Honestly, I imagine giving it all up and becoming a servant of the

world. I don't necessarily think I'd do it with a religion. But I would go off and embrace people in pain. There are a lot of aspects of life that unify people—but I think that pain is one that unites them like no other."

SHE BARES HER BOOTY AND MORE IN HER NEXT FILM, HAVOC.

"Nudity has been represented in art for hundreds of years. It was really important for me that my character in *Havoc* be nude, because she gets naked with guys due to her extreme lack of self-confidence. She doesn't value herself enough to think it's anything special. So what was I supposed to do as an actress? Go in there and not be my character and not go

as hard-core as she would? No. I made the choice I did so I could present my character in the most fully formed way possible. People do have me pegged in a certain way, and I have a lot of conservative fans who'll probably be mildly offended. But ultimately, it'll make people rethink me a bit."

SHE'S A RECOVERING OVERACHIEVER.

"My parents used to be very nervous because in high school, I'd get a test back with a 98 percent, and all I could see was the 2 percent I missed. I would drive myself crazy because of it. My parents would be like, 'What's the matter?' and I'd say, 'It was a stupid mistake! I shouldn't have done it!' I would get really angry and just consumed by all these negative feelings in a very big way. Now I've gotten to the place where I'm just like, 'Okay, just accept it—it is what it is.' Life will always just be life. It can't be anything more. It's what you put into it that makes all the difference."

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